



SPORT

At Aquinas Catholic College, sport is seen as being an integral part of a students overall development of both the mind and body. Sport takes place every Friday afternoon for all students.

Students have the opportunity to be selected for a representative sports team. Aquinas students compete against other Catholic schools in the Shire Combined Catholic Colleges Competition.



Representative Sports	
Summer Sports	Winter Sports
Water polo	Mixed Oz Tag
Volleyball	Basketball
Basketball	Soccer
Oz Tag	Netball
Super 10 Cricket	Hockey
Softball	Rugby League
Mixed Netball	AFL

Students that do not participate in representative sport take part in the recreational sporting program which includes a wide variety of sporting activities for students to experience. Some examples include Indoor Sports, Ten Pin Bowling, Mountain Biking, Tennis and Fishing.

Students who excel at any particular sport have the opportunity to represent the College in that sport. The competitions that the College currently enter each year are listed below.

NSWCCC Rugby League KO	Under 15 State Champions 2013, Under 14 State Champions 2016, 2012, Under 13 State Champions 2011,
NSWCCC Soccer Opens (M/F)	Finalists 2015, Semifinalists (M) 2015, 2012, Quarterfinalists (F) 2011, 2006, Quarterfinals (M) 2008, Champions (M) 2014, 2007
NSWCCC Soccer Year 10	Champions (M) 2014, Champions (M) 2013, Runners Up 2011, Champions (M) 2007
Berg Shield Junior Cricket	Quarterfinalists 2008/2009 & 2005/2006
Downie Trophy Opens Cricket	Quarterfinalists 2006
Arrive Alive Opens Rugby League	Regional Champions 2015, 2014, 2008
GIO Schoolboy Rugby League	City Champs 2015
Cochrane Cup U/14 Rugby League	Champions 2016, State Semi-finalists 2016, 2015, State Finalists 2009
Cronulla Rugby League Knockout	Opens Champions 2015, 2014, 2011, 2010, 2006, 16s Champions 2014, Finalists 2008, U/15s Champions, U/14s Champions 2015, 2011, U/13's Champions 2014
CCC Open Rugby League	Quarterfinalist 2015
Penrith Netball Gala Day	Senior & Intermediate Quarterfinalists 2011, 2006/07, Senior Champions 2015, 2009, Finalists 2008

Students who represent the College at sport have the opportunity to move through the pathways to higher representative honours, namely Southern Sydney, NSWCCC and NSW All Schools.

Carnivals

The College has an annual Athletics Carnival, Swimming Carnival and Cross Country Competition which enables students of all abilities to compete and represent their houses (**MacKillop**, **Nagle**, **Rice** and **La Salle**).



Celebrating 25 Years of being 'Enlivened by the Spirit'